

Dear Healthy Yak Donors:

It is because of your generosity that I am able to announce with pride that *Healthy Yak* will commence in April of 2011!

Through the logistical assistance provided by Himalayan Experience ([www.himex.com](http://www.himex.com)) and owner Mr. Russell Brice the project will run from April 5 to April 24, 2011. Mr. Brice is a co-founder of the foundation Friends of Humanity ([www.friendsofhumanity.ch](http://www.friendsofhumanity.ch)), the organization which allowed me to create this project within its 'walls' and has been gracious enough to collect and keep track of the funds. Both organizations will also assist with the local advertising of the project at the start of 2011.

Not only was your monetary contribution an important foundation for this project yet several other factors have greatly enhanced the inaugural year of *Healthy Yak*:

1. Intervet/Schering-Plough Animal Health ([www.intervetusa.com](http://www.intervetusa.com)) was gracious enough to donate to enough Safe Guard cattle dewormer to treat close to 3,000 yaks.
2. My alma mater, the University of Wisconsin-School of Veterinary Medicine has offered the use of a portable field diagnostic kit (miniature microscopes, etc.) to allow for documentation of parasite burden in the yaks of the Khumbu Region of Nepal.
3. Several individuals have come forward to donate their time, not to mention their own money to help assist with this project. They are as follows:
  - Dr. Andrew Skidmore, Senior Technical Service Manager with Intervet/Schering-Plough Animal Health
  - Dr. Claire Windeyer, veterinarian and researcher from the University of Guelph in Ontario, Canada
  - Kristen Obbink, fourth-year veterinary student from Iowa State University-School of Veterinary Medicine (for all practical purposes Kristen will be Dr. Kristen Obbink soon after her return from Nepal)
  - Bobbi Cunningham, veterinary technician student from Colorado

Together, we will conduct 8 clinics at various villages and camps along the route to/from Everest Base Camp. The goal of the project is to not only promote animal health, well-being, and productivity but to make a positive impact on the lives of the Sherpa people in the Khumbu. We hope to "teach them how to make a loaf of bread rather than simply hand them a loaf of bread."

All of you are playing a vital role in this new humanitarian (perhaps one could reference it as "animaltarian" or even "yakitarian!") effort and I honestly cannot thank you enough. Several of you are my primary contacts as members of organizations, families, and even schools that have donated to the project so I would kindly ask that you forward this email to those in your group as needed.

While I will not have along the same communication technology as I did during my climb on Everest in 2009 I do hope to send out an occasional update from the internet shops sporadically located in the Khumbu. You will be able to access those updates as desired at [www.lancefox.blogspot.com](http://www.lancefox.blogspot.com) and/or through the link on my website listed below.

I have included your names on the Thank You page under the Yak tab on my website and unless you prefer not to be included, your names will appear in the Acknowledgements section of my book, *No Place But Up!* which I hope to have out sometime early next year.

Lastly, I want to wish all of you a Merry Christmas and Happy New Year!

Lance S. Fox, D.V.M.